Suicide Prevention and Postvention: an interdisciplinary approach

M H P N W E B I N A R S

WEBINAR PANEL



Associate Professor Louise Stone General Practitioner, ACT

Associate Professor Louise Stone is a practicing GP and leading GP and medical educator;

with clinical, teaching, research and policy interests in mental health.

With close ties to both the ACRRM and RACGP, Louise has worked in rural and urban settings, and has provided mental health courses across Australia, face to face and online. Louise has been a Senior Medical Advisor for the Australian GP Training program from 2007-2017 and held national roles in mental health standards and curriculum, research capacity development and ethics. She is a clinical Associate Professor at the Australian National University where her research has centered on doctors' health, mental health and the interactions between physical and mental health. She currently works in Canberra.



Dr Rebecca Mathews Clinical sychologist, Victoria

Rebecca is a clinical psychologist with experience working in the Government and not-for-profit sector as well

as private practice.

Rebecca is currently employed at the Australian Psychological Society overseeing the development of clinical and practice resources for psychologists and managing the Professional Advisory Service which provides advice on professional and ethical issues.



Dr Chris Ryan

Psychiatrist, NSW

Chris is the Director of Consultation-Liaison Psychiatry at Sydney's Westmead Hospital and Clinical Associate Professor at

the University of Sydney.

Though his work is primarily clinical, he maintains an active research programme and has numerous publications on a range of topics in psychiatry, law and ethics, including a focus on the assessment and management of people who raise concerns about possible suicide.



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Facilitator: Dr Mary Emeleus Psychiatry Registrar, Queensland

I work as a psychiatry registrar in Queensland

having commenced psychiatry training in 2017.

I previously spent 18 years working as a GP with a mental health special interest, including 9 years at headspace sites working in Youth Mental Health, and also as a psychotherapist with both young people and adults. Currently, my training and the prospect of exams is taking up most of my professional energy but in the past I have contributed to medical education at all levels including teaching advanced mental health skills to experienced GPs. I have been involved in MHPN activities for about ten years at both local and national levels and I am particularly passionate about interdisciplinary collaboration and supporting rural and remote practitioners from all backgrounds who work in mental health and counselling related areas.

Professional interests include trauma-informed psychotherapies, lifestyle medicine, adolescent mental health, early psychosis intervention, psychological and social approaches to psychosis, and GP mental health care provision.

Memberships include Australian Society for Psychological Medicine <u>www.aspm.org.au</u>),

The International Society for Psychological and Social approaches to Psychosis (ISPS) <u>www.isps.org.au</u>, The International Society for the Study of Trauma and Dissociation (ISSTD) <u>http://www.isst-d.org/</u>



2

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